

2008-2009 Souhegan Swimming Yards Qualifying Times

Boys		Yards	Girls	
Letter	States		States	Letter
		200 Mdly R		
2:22.99	2:12.89	200 Free	2:19.99	2:23.99
2:39.99	2:29.99	200 IM	2:39.49	2:40.99
26.99	25.69	50 Free	28.19	28.99
1:12.99	1:08.59	100 Fly	1:13.99	1:17.99
1:00.99	58.29	100 Free	1:02.89	1:03.99
6:18.99	6:11.49	500 Free	6:15.99	6:29.99
		200 Fr Relay		
1:13.99	1:10.99	100 Back	1:11.99	1:13.99
1:18.99	1:16.99	100 Breast	1:21.99	1:24.99
		400 Fr Relay		

2008-2009 Souhegan Swimming SCM Qualifying Times

Boys		Meters	Girls	
Letter	States		States	Letter
		200 Mdly R		
2:38.43	2:27.24	200 Free	2:35.11	2:39.54
2:57.75	2:46.64	200 IM	2:57.03	2:58.70
:30.20	:28.75	50 Free	:31.43	:32.32
1:21.31	1:16.41	100 Fly	1:22.20	1:26.65
1:07.76	1:04.76	100 Free	1:09.93	1:11.16
5:31.58	5:25.02	400 Free	5:28.95	5:41.20
		200 Fr Relay		
1:22.20	1:18.87	100 Back	1:19.98	1:22.20
1:27.68	1:25.46	100 Breast	1:31.17	1:34.51
		400 Fr Relay		