

**2009-2010 Souhegan Swimming Yards Qualifying Times**

Boys		Yards	Girls	
Letter	States		States	Letter
		200 Mdly R		
2:22.99	2:12.89	<b>200 Free</b>	2:19.99	2:23.99
2:39.99	2:29.99	<b>200 IM</b>	2:39.49	2:40.99
26.99	25.69	<b>50 Free</b>	28.19	28.99
1:12.99	1:08.59	<b>100 Fly</b>	1:13.99	1:17.99
1:00.99	58.29	<b>100 Free</b>	1:02.89	1:03.99
6:18.99	6:11.49	<b>500 Free</b>	6:15.99	6:29.99
		200 Fr Relay		
1:13.99	1:10.99	<b>100 Back</b>	1:11.99	1:13.99
1:18.99	1:16.99	<b>100 Breast</b>	1:21.99	1:24.99
		400 Fr Relay		

**2009-2010 Souhegan Swimming SCM Qualifying Times**

Boys		Meters	Girls	
Letter	States		States	Letter
		200 Mdly R		
2:38.43	2:27.24	<b>200 Free</b>	2:35.11	2:39.54
2:57.75	2:46.64	<b>200 IM</b>	2:57.03	2:58.70
:30.20	:28.75	<b>50 Free</b>	:31.43	:32.32
1:21.31	1:16.41	<b>100 Fly</b>	1:22.20	1:26.65
1:07.76	1:04.76	<b>100 Free</b>	1:09.93	1:11.16
5:31.58	5:25.02	<b>400 Free</b>	5:28.95	5:41.20
		200 Fr Relay		
1:22.20	1:18.87	<b>100 Back</b>	1:19.98	1:22.20
1:27.68	1:25.46	<b>100 Breast</b>	1:31.17	1:34.51
		400 Fr Relay		